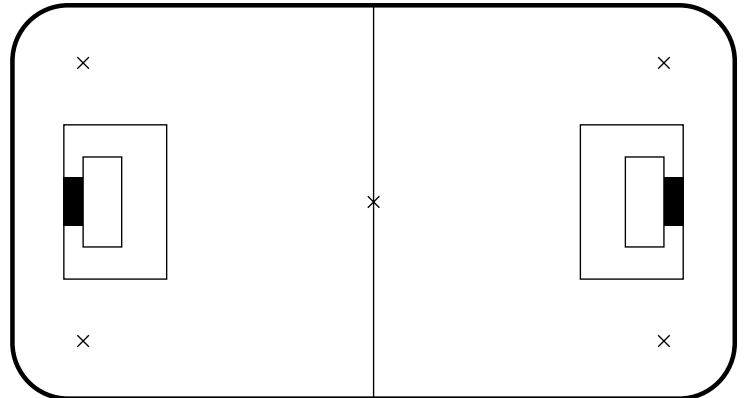
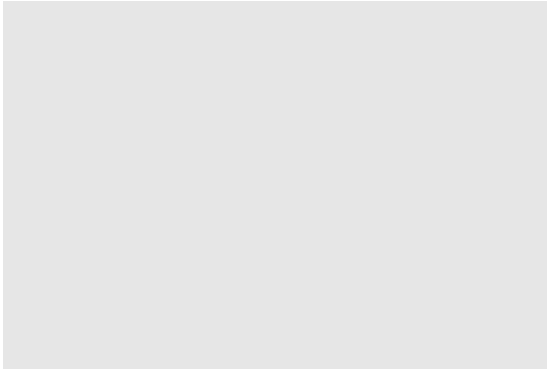


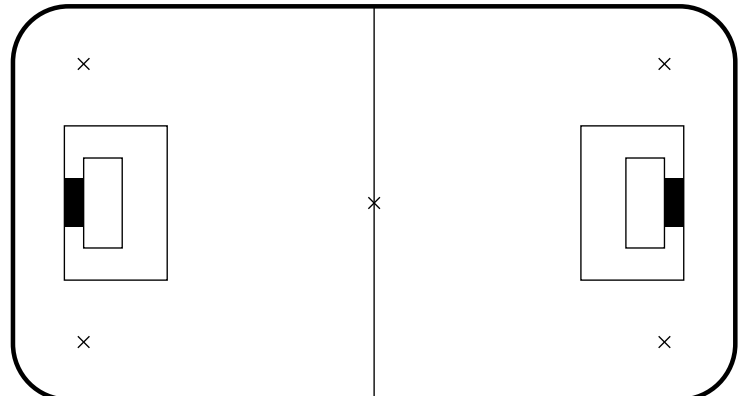
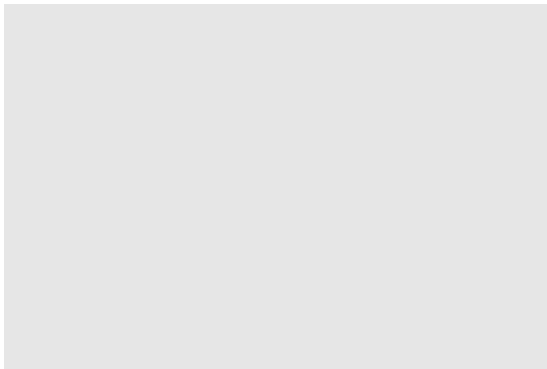
Übungssammlung Recueil d'exercices

Thema / Thème _____ **Kopiervorlage / Document à photocopier**

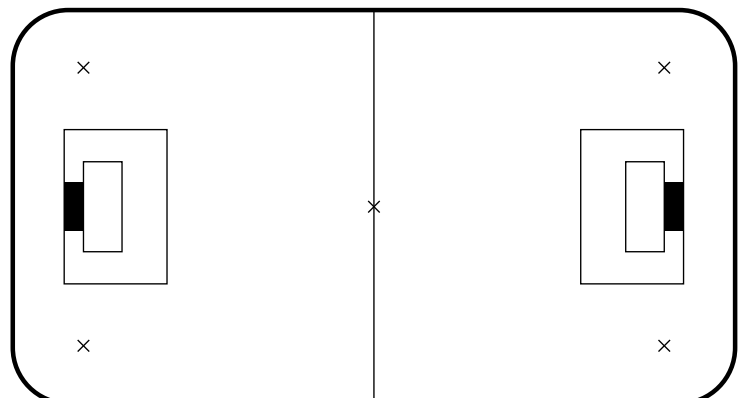
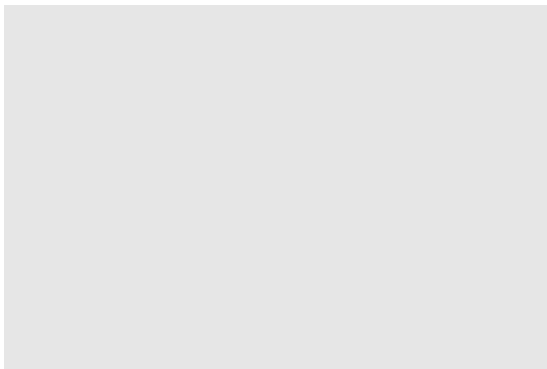
Notizen / Notes



Notizen / Notes



Notizen / Notes

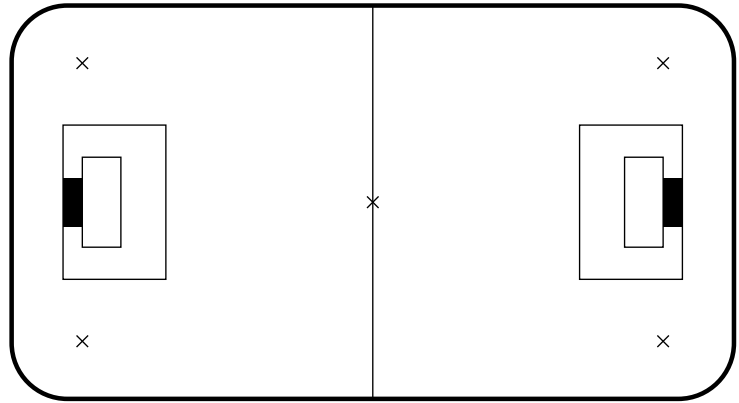
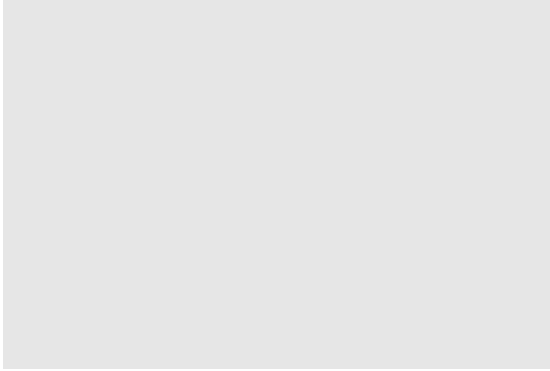


Zeichenerklärung / Explication des symboles

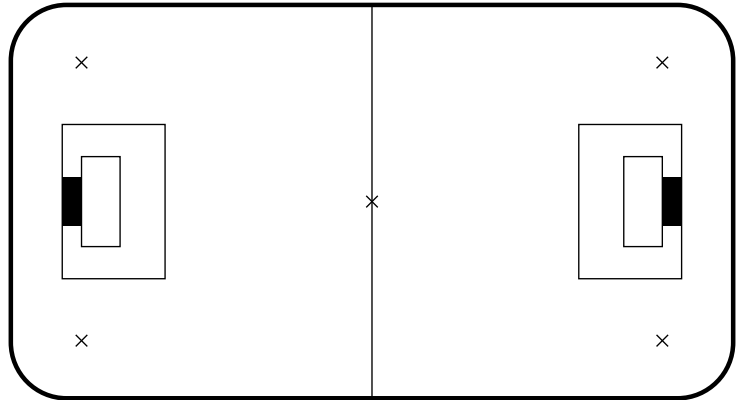
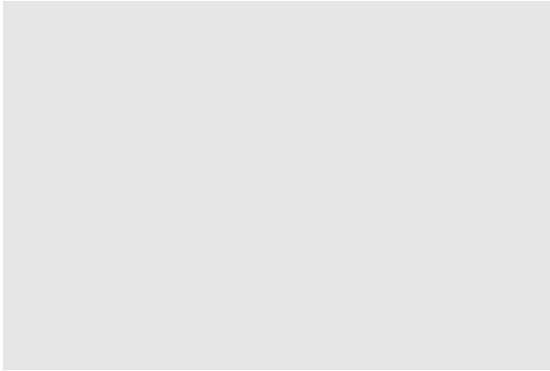
- | | | | | | |
|-------------------|-------------------------------------------|---|-------------------------------------|--|--------------------------------------------------|
| X | Spieler / Joueur | ● | Ball / Balle | | Laufweg mit Ball /
Déplacement avec la balle |
| ○ | Gegenspieler / Adversaire | | Markierung / Obstacle | | Laufweg ohne Ball /
Déplacement sans la balle |
| T E | Trainer/Leiter / Entraîneur/Moniteur | | Stockauslage / Position de la canne | | Pass / Passe |
| A,B,C | Verschiedene Spieler / Différents joueurs | | Kasten / Caisson | | Schuss / Tir |
| 1,2,3 | Ablauf, Reihenfolge / Suite - Déroulement | | Langbank / Banc suédois | | Tempowechsel /
Changement de rythme |

Kopiervorlage / Document à photocopier

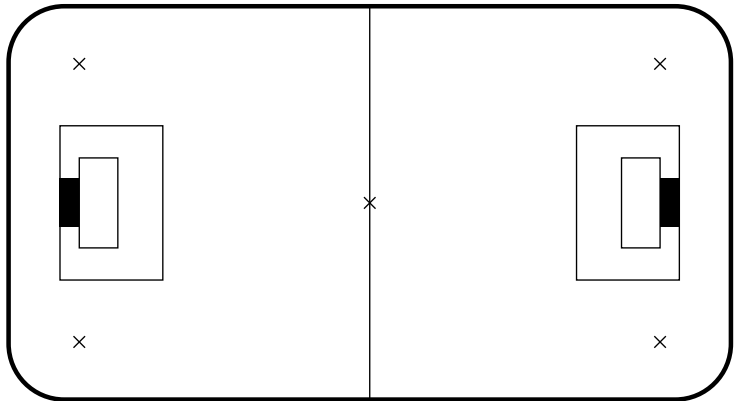
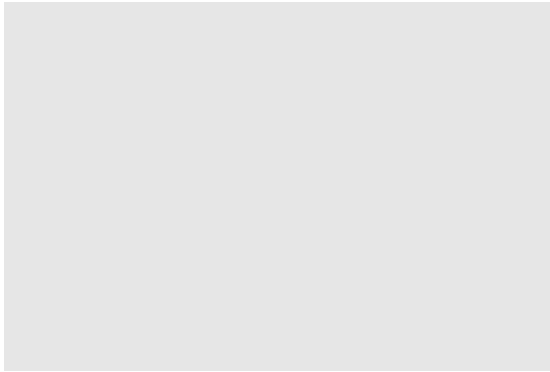
Notizen / Notes



Notizen / Notes



Notizen / Notes



Notizen / Notes

