

# Material Overview

## CROSS-COUNTRY-SKIING

<p>1 x Sunglasses (athletes only!)</p> 	<p>1 x Bonnet</p> 	<p>1 x Gloves</p> 
<p>1 x Shoe backpack</p> 	<p>1 x Cross-Country poles</p> 	<p>1x Warm Up</p> 