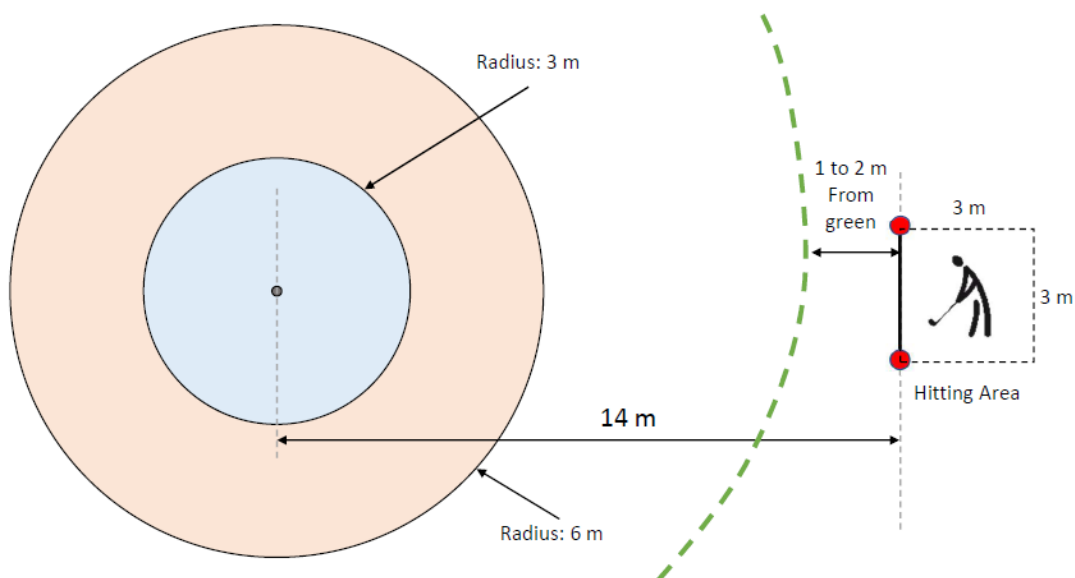


Special Olympics Challenge

Skill Golf 3 – CHIP SHOT

Description:

Make 5 chip shots from a distance of 14 m from the hole, playing from outside the putting green.



Goal:

To develop the athlete's skill, ability to orient and differentiate in executing chip shots a few metres from the green, at a distance of 14 m.

Evaluation:

- The athlete gets 5 tries to hit the ball placed outside the putting green at a distance of 14 metres from the hole.
- Scoring is based on the place where the ball stops:
 - 0 points:** an airshot counts as a shot and does not earn any points
 - 1 point:** if the athlete hits the ball and it stops outside the big circle
 - 2 points:** if the ball stops on the line or inside the 6 metre circle
 - 3 points:** if the ball stops on the line or inside the 3 metre circle
 - 4 points:** if the ball finishes in the hole
- The total score of a series of chip shots is the total of the five tries (max. 20 points).
- Do 3 series of 5 balls. The best 2 results count.
- The final result is the sum of the scores of the best 2 series (maximum 40 points).



Rules:

- The player positions the ball anywhere within the hitting area, represented by a 3x3 m square, positioned 14 m from the hole.
- The player stands in reference to the position of the ball. The feet may even be outside the hitting area.
- The player plays 5 balls in a row, without interrupting the series.
- The coach gives the start signal for each hit, counts the value of each ball, then removes the ball from the green before allowing the player to play the next ball.
- The ball must be completely stopped both before hitting it and when the score is determined.
- When a series is finished, the player must leave the playing position before doing the next series. Provide for a pause of at least 1 minute.
- Use the same putting green for the entire duration of the Challenge.
- The coach is allowed to advise the player in taking up a position and orientation, but may not touch the player or their equipment.
- It is not permitted to draw the line of play from the starting point to the hole, or to use other objects or means to assist aiming.
- The player may choose whether to leave or remove the flag marking the hole. That decision must subsequently be maintained for the entire duration of the Challenge.
- If the flag remains in the hole and the ball hits it, the hit is valid and the score is determined from the point where the ball stops.
- The player may play with any golf club. Woods and putters are not allowed for this exercise.

Equipment:

A flat putting green with a hole indicated with a flag / 1 golf club / 5 balls / yardstick for measurements / chalk to mark the circles around the hole

Indications:

- Arrange a chipping zone located 14 metres from the hole and forming a 3x3m square from which to hit the ball. The chipping area should be located 2 metres from the edge of the green.
- The playing area should be as flat as possible.
- With the chalk draw a circle with a radius of 3 metres and one of 6 metres around the hole.
- With the chalk and markers mark a secure hitting area of 3 metres by 3 metres.
- If the slope is not flat, it is recommended to play uphill. Avoid playing downhill, on an uneven surface or on a laterally inclined plane.

For further information on this skill, please contact us at: challenge@specialolympics.ch